



# Participant Handbook & Media Guide



# EVERYONE WINS!




EVERYONE WINS!

EVERYONE WINS!

EVERYONE WINS!

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**A Message from the Premier of Saskatchewan**

On behalf of the Government of Saskatchewan, it is my pleasure to welcome Team Saskatchewan to the 2017 Canada Summer Games in Winnipeg, Manitoba.



Celebrating its 50th anniversary, alongside Canada's 150th birthday, this year's games bring together exceptional athletes from coast to coast to coast for this major milestone in Canadian sporting history. Saskatchewan people are enthusiastic supporters of our athletes, who put their heart and soul into their chosen sport. We congratulate you on reaching this level of competition and are inspired by your dedication.

The Canada Summer Games are a showcase of some of the best sporting events that our country has to offer. For many, this event represents a milestone in your athletic careers, as well as the opportunity to showcase your talent on the national stage. As young athletes, you have shown tremendous dedication and passion through your training, and now is the time to let your commitment and hard work shine.

Thank you to the coaches, support staff, officials, volunteers and parents for your commitment. Without your support we would not be able to cheer on such exceptional competitors. Thanks as well to all sponsors and partners of the 2017 Canada Summer Games for making this event possible.

Congratulations and good luck!

Brad Wall  
 Premier



# A message from The Minister of Parks, Culture and Sport



# A message from Sask Sport Inc.

## A Message from the Minister of Parks, Culture and Sport

On behalf of the Government of Saskatchewan and the Ministry of Parks, Culture and Sport, I congratulate all of Team Saskatchewan for participating at the 2017 Canada Summer Games.



Athletes, this event marks an important milestone in your athletic careers. By qualifying for these Games, you have identified yourself as an elite athlete in both our province and country. As you compete at the national level, know that you have made Saskatchewan proud

and that we are cheering for you.

These Games are sure to bring many memories, from personal achievements to experiences with teammates, family and friends. The Jeux du Canada Games Festival, made possible in part by the Government of Saskatchewan, will feature Saskatchewan Day on Sunday, August 6. I hope that in addition to participating in the competition, that many of you are able to enjoy Saskatchewan Day and see bands like The Pistolwhips, Buffy Sainte-Marie and The Sheepdogs help make this "The Hottest Summer in Half a Century."

Coaches, trainers, staff and families, thank you. Thank you for supporting our athletes and helping them to be their best.

Finally, to the more than 400 members of Team Saskatchewan, thank you for your commitment to sport and for serving as role models in our province.

Good luck! #GoTeamSask

A handwritten signature in black ink, reading "Ken Cheveldayoff".

Ken Cheveldayoff  
Minister of Parks, Culture and Sport

## A Message from the Chair

On behalf of Sask Sport Inc., I would like to congratulate all members of Team Saskatchewan who are participating in the 2017 Canada Summer Games. We are #SaskProud of your efforts!



Good luck to the Saskatchewan athletes competing at the event. We have witnessed your growth as you have trained and risen through the provincial sport system. Regardless of your results, you're already a testament to what hard work and dedication can lead to. You are ambassadors for our province and serve as great role models for the next generation of athletes who hope to one day take part in future Canada Games.

Thank you to the coaches who have contributed to the development of the athletes and helped them prepare as they work towards their goals.

Saskatchewan has some of the best volunteers and officials in the country. They are vital to amateur sport in our province, so thank you for your contributions to sport and these Games.

Best wishes to the Mission Staff as you continue to dedicate countless hours behind the scenes leading up and including the Games.

Thank you to the Provincial Sport Governing Bodies for your hard work in preparing the athletes, coaches, officials and managers to represent your sport and Saskatchewan.

And finally, thanks to all the parents and guardians of these athletes for their contributions and support over the years.

Once again, best wishes to everyone on Team Saskatchewan. Sport is more than a game. It brings people together, and participation in these Games will create a lifetime of friendship and memories.

A handwritten signature in black ink, reading "Darren Wilcox".

Darren Wilcox  
Chair



# A message from The Saskatchewan Games Council



# A message from The Chef de Mission

## A Message from the Chair



Congratulations to all the members of Team Sask competing at the 2017 Canada Summer Games. These games continue to provide an opportunity for our developing athletes to compete against the best in the country in a multi-sport environment. For many of you, it will be a stepping stone to the next level in your pursuit of excellence. You have worked and trained many long, hard hours to earn the right to represent Saskatchewan, and now you can wear the uniform with pride.

To the host community of Winnipeg, thank you for welcoming and hosting Team Sask, their families and friends. We appreciate the time and effort it takes to plan and organize such a first class event, and wish to express a sincere thank you to the hundreds of volunteers for ensuring the success of the Games.

A special thank you to the Mission Staff who are giving their time to support and aid Team Sask with logistical needs.

On behalf of the Saskatchewan Games Council, I would like to commend all members of Team Sask for your accomplishments to date and wish you every success at these games and all future competitions.

I hope you will all have a great experience and create a lifetime of memories at the Winnipeg 2017 Canada Summer Games.

A handwritten signature in blue ink that reads "Chantelle Patrick".

Chantelle Patrick  
Chair



Congratulations, Team Sask! I am extremely honored to serve as Chef de Mission for all of you who make up this incredible team of athletes, coaches, managers and mission staff who will be participating in the 2017 Canada Summer Games in Winnipeg, Manitoba.

Your commitment to sport excellence has been rewarded by being selected to represent our province in Canada's largest amateur multi-sport event. Competing against the best athletes across Canada will allow you to reach your athletic potential, pursue personal excellence, and

develop socially and culturally within the conduct of ethical competition.

The Canada Games mean many things to many different people. For some of you, they are an important stepping stone on their road to international competition and Olympic glory; for others, the Games may represent the pinnacle of your sporting career. For all participants, however, the Games are an opportunity to build lifelong memories, meet new friends from across the province and country, and enjoy the unique experience of this premium, nation-building, multi-sport event, which in 2017 will be celebrating its 50th year.

There are many who deserve recognition for their contributions to your journey as an athlete at the Canada Games. A sincere thank you to the coaches, managers and support staff who have provided the leadership to prepare you for this level of competition. Your dedication and commitment to be the best you can be will be rewarded as you compete in Winnipeg. Parents, a special note of appreciation to you for your support and cooperation in helping your child reach their goals. Mission Staff, thank you for your valuable contributions in ensuring a smooth and enjoyable experience for every athlete.

Congratulations again on being selected as a member of Team Sask. We look forward to the challenges, competition, and fair play as we make Saskatchewan proud at the 2017 Canada Summer Games.

Go Team Sask!

A handwritten signature in black ink that reads "Mark Bracken".

Mark Bracken  
Chef de Mission



## Parent and Coach Appreciation Nights



## Team Sask Code of Conduct

Without the support of parents, family, coaches, managers and technicians, amateur sport in Saskatchewan wouldn't be a possibility. So we want to give our thanks!

The Saskatchewan Games Council will be hosting two come and go appreciation nights for the supporters of Team Sask in Winnipeg, one for each phase of competition. These drop-in evenings will celebrate the contributions of these supporters, and will include door prizes, refreshments, and good fellowship. Team Sask souvenirs will also be available for purchase (credit, debit or cash).

*Phase One: Saturday, July 29th*

*Phase Two: Tuesday, August 8th*

### Location:

Canad Inns Fort Garry  
Ambassador F Room (Basement)  
1824 Pembina Hwy, Winnipeg, MB R3T 2G2  
8:30—11:00 P.M.

You have been selected as a member of Team Sask 2017 on the basis of your individual athletic merit. However, as a Saskatchewan athlete, you are judged not only as an athlete but also as a representative of our province. Your personal conduct in and out of competition reflects on Saskatchewan's image and it becomes the responsibility of each member of Team Sask to promote and safeguard our provincial pride and reputation.

### **We are guests of the Host Society and can assure ourselves and our teammates a positive and rewarding experience by remembering:**

- As members of Team Sask, we are ambassadors for our sports, our provincial sport organizations, and all of the people of Saskatchewan.
- To conduct ourselves at all times in a manner that shows a spirit of sportsmanship, fair play, co-operation, and respect for others at all times.
- To participate in the spirit of fair play and faithfully adhere to the competition regulations.
- To abide by the rules of Team Sask 2017 and of the Canada Summer Games as well as those guiding our behavior in the Athletes' Villages, the competition site and in the Host Community.
- To put forth our best effort in all our competitions and accept, with pride, the result that effort brings us.
- To respect the efforts of our opponents and the decisions of competition officials.
- To be gracious in victory and applause those who are victorious over us.
- To respect the rights of the residents of Winnipeg as well as those of our fellow guests from the other provinces and territories.
- To participate in the Canada Summer Games is a privilege, and we will wear the Green and White of Saskatchewan with pride.

## Team Sask Expectations *For Athletes, Coaches & Managers*



## Team Sask *Mission Office and Contact*

### **As a member of Team Sask you must:**

- Respect and abide by the Team Sask Code of Conduct that each member of Team Sask 2017 has agreed to and signed.
- Respect and abide by the scheduled curfews.
- Respect and abide by the rules and regulations established by the Host Society and outlined in the Athletes' Handbook.
- Reside in the Athletes' Village.
- Wear the assigned Team Sask Walkout Uniform at Opening and Closing Ceremonies of the Games and of your sport and as directed by the Chef de Mission or your coach.
- Wear your Team Sask Walkout Uniform at medal presentations and for media interviews.
- Respect and obey the Clean Air Policy and smoking ban at the Games Venues and Facilities.
- Respect and obey the laws of alcohol at Games Venues and Facilities.
- Respect and obey the laws of the country, province, and communities.

Mission staff are integral members of Team Sask 2017. Under the direction of Chef de Mission Mark Bracken, they are responsible for the overall management of Team Sask 2017 prior to and during the Games. They act as a link between the team and the staff, as well as volunteers that work behind the scenes to organize the Games in Winnipeg. The mission staff are assigned to sports and work on behalf of Team Sask so that athletes, coaches and managers can focus on competing to the best of their abilities and enjoy their 2017 Canada Summer Games experience.

### *Mission Office and Contact*

The Team Sask Mission Office is located on the 3rd floor of the Tier Building, University of Manitoba.

**Phone:** 204-594-7785

**Email:** [saskatchewan@canadagames2.ca](mailto:saskatchewan@canadagames2.ca)

- To send a message to athletes, coaches, managers or mission staff at the Games, please indicate who the message is for in the subject line. Be sure to include the name of the team member and his/her sport.



## Website

**Teamsask.ca** was relaunched in spring 2017 and serves as a resource for athletes, coaches, family and media. Throughout the duration of the Games, keep an eye out for the following to be regularly updated on the website:

- Individual Sport Results available from the Host Community
- Medal Winners
- Cumulative Medal Totals
- Next Day General Schedule
- Photos

## Newsletter

Our SaskWatch newsletter will be produced and distributed via email every other day, beginning on July 28th. You'll also find each edition of the newsletter at **teamsask.ca**.

SaskWatch provides a summary of the previous two day's results and general information for Team Sask, including upcoming daily sport schedules, medal counts, birthdays and announcements.

For the most up-to-date info and content before, during and after the Games, be sure to follow **@goteamsask** on Instagram and Twitter and **@TeamSask** on Facebook!

We love to engage with and feature our athletes. If you're taking photos or video throughout the Games, please tag **@goteamsask** or DM us on Instagram to be featured.

## Social Media Guidelines

We love to see you interact through social media, but we ask that you follow a few simple rules to ensure Team Sask is represented by the best ambassadors we could ask for.

### **Adhere to the Code of Conduct and other applicable policies.**

When participating with Team Sask, every person is required to sign a Code of Conduct. This Code of Conduct not only applies to actions in person, but also to actions online. Breaking the Code of Conduct via social media subjects the individual to the same consequences.

**Be Respectful and Appropriate:** When posting about anything to do with Team Sask, the Canada Games, the Host Society, volunteers, your team mates, coaches, etc. ensure not to use any foul or abusive language. (i.e.: swearing, name calling, etc.) If a post is deemed to be disrespectful or is considered harassment, it will be removed immediately (when possible) and someone will be in touch with the offender. If you upload any photos, ensure they are appropriate. Nudity, inappropriate gestures, etc. are unacceptable. Team Sask has a zero tolerance policy for alcohol, drugs, or harassment.





Due to Saskatchewan's proximity to Winnipeg, Team Sask will be chartering buses to transport athletes to and from the Games. There will be a total of five buses in Phase One and four buses leaving in Phase Two, leaving from both Regina and Saskatoon.

## Departures to Winnipeg

**Thursday, July 27th (Phase One); Saturday, August 5th (Phase Two)**

### From Saskatoon

Departure point: Circle Square Mall, 3510 8th St E

Loading time: 08:00

Departure time: 08:15

### From Regina

Departure point: Victoria Square Mall, 2223 Victoria Ave (east of Tim Hortons)

Loading time: 10:00

Departure time: 10:15

### Notes

- Please ensure all personal luggage and equipment is identified with the appropriate tags.
- Coaches and managers will have the full bus manifest for departure from either Saskatoon or Regina.
- Food and beverages will be provided for noon lunch.
- Water and snacks will be available on the bus.
- We recommend that participants also pack snacks and extra beverages as needed.
- WiFi is available on the buses.
- One personal luggage and one carry on bag per individual.
- Equipment will be stored in the belly of the bus.
- Expected arrival time in Winnipeg is 17:30 (Manitoba time).



## Gimli Participants

After arriving in Winnipeg on July 27th, Gimli participants (Sailing) will be sorted at the Main Athletes' Village. The bus departing for the Gimli Athletes' Village will depart once Team Sask arrives. On July 28th, Gimli participants will return to Winnipeg for the Opening Ceremony and will return to Gimli via motorcoach following the ceremony. The trip is approximately 1 hour.

On turn-around day (August 5th), athletes will check out of their Gimli accommodations and be shuttled to Winnipeg, where they will board buses back to either Regina or Saskatoon from the Main Athletes' Village. Your coaches and managers will have exact departure times.



## *Kenora Participants*

After arriving in Winnipeg on July 27th, Kenora participants (Rowing) will have access to the Main Athletes' Village at the University of Manitoba. Participants will be transported to a Winnipeg hotel for the evening of July 27th, and will return to the Main Athletes' Village on July 28th to attend the Opening Ceremony.

Participants will have access to main Athletes' Villages food services, athlete services and entertainment. Immediately following the Opening Ceremony, athletes will be transported by motorcoach to Kenora, ON. The trip is approximately 2.5 hours.

On turn-around day (August 5th), athletes will check out of their Kenora accommodations and be shuttled to Winnipeg, where they will board buses back to either Regina or Saskatoon from the Main Athletes' Village. Your coaches and managers will have exact departure times.

Team Sask will return to Saskatchewan via charter bus. However, if athletes wish to travel back by themselves or with parent or guardian, they can do so by signing (or having said parent or guardian sign) a Team Sask Release Form and providing it to the Chef de Mission for signoff. These forms can be accessed by request from your team's manager or your sport's designated Mission Staff.

## *Departures from Winnipeg*

### **Saturday, August 5th (Phase One)**

Athletes will board equipment and luggage on the buses following the arrival of Phase Two participants. Boarding time is to be determined.

### **Sunday, August 13th (Phase Two)**

Immediately following the conclusion of the Closing Ceremony (beginning at 14:00 at Investors Group Field), Team Sask will board the buses and depart for Regina and Saskatoon.

Expected arrival time in Regina is 22:30. Expected arrival time in Saskatoon is 01:00 on Monday, August 14th.



## Baggage Tags

Province/Territory (P/T) Teams will receive baggage tags for each member of their team. It is the P/T Team's responsibility to distribute the tags accordingly. P/T Teams will also receive baggage tags for the pre-determined personal equipment.

For individual sports, baggage tags are to be distributed by P/T teams according to the approved personal equipment needs for each athlete. For team sports, personal equipment is to be transported in team bags. Generally, individual sport equipment will be checked in by the individual to whom the equipment belongs, whereas team sport equipment will be checked in by the coach, manager, or team technical support staff.

Baggage Tags are to be attached to all luggage and personal equipment. Baggage tags will be colour coded with further details coming to your coach or manager.

When packing for Winnipeg remember to pack the appropriate clothing. The average temperature throughout July and August ranges from a high of 26°C to a low of 15°C, though this is the prairies — much hotter or much colder can always be a possibility!

### REMEMBER TO BRING

- Saskatchewan Health Card
- Prescriptions for existing medical conditions
- Team Sask Ceremonial Uniform
- Competition Uniform

RECOMMENDED TO PACK	NICE TO HAVE
Personal toiletries	Kleenex
Personal identification	Lip balm
Sports equipment	Earplugs
Bus reading/entertainment	Extra towel
Pajamas	Reading light
Summer-appropriate clothing	Sports watch
Sunglasses	Camera
Spending money/bank card	Snacks
Sunscreen	
Device charger	



The 2013 Canada Summer Games were held in Sherbrooke, Quebec. Team Sask came in at sixth place in both medal standings and Flag Points — so we're looking to step up our game and crack the top five in Winnipeg! #GoTeamSask

Sport	Flag Points	Medals			Total by Sport
		G	S	B	
Athletics (F)	6.0	3	1	5	9
Athletics (M)	4.0		2	2	4
Baseball (M)	5.0				
Basketball (F)	5.0				
Basketball (M)	5.0				
Canoe/Kayak (F)	5.0			1	1
Canoe/Kayak (M)	7.0	2	3	2	7
Cycling (F)	5.0				
Cycling (M)	3.0				
Diving (F)	5.0				
Diving (M)	6.0				
Fencing (F)	6.0			3	3
Fencing (M)	5.0				
Golf (F)	3.0				
Golf (M)	2.5				
Rowing (F)	7.0		2	1	3
Rowing (M)	6.0				
Sailing	6.0		1		1
Soccer (F)	3.0				
Soccer (M)	2.5				
Softball (F)	6.0				
Swimming (F)	5.0	2	3		5
Swimming (M)	3.0				
Tennis	5.0				
Triathlon	14.0			2	2
Volleyball (F)	4.0				
Volleyball (M)	5.0				
Wrestling (F)	8.0	1	3	3	7
Wrestling (M)	9.0		3	6	9
<b>Totals</b>	<b>156.0</b>	<b>8</b>	<b>18</b>	<b>25</b>	<b>51</b>

Every athlete has been given the following items as part of their Team Sask uniform: Team Sask jacket, lightweight quarter zip, technical t-shirt, retro Team Sask t-shirt, pants, shorts, and hat. Select pieces of this uniform have been identified as part of your "ceremonial uniform." The Official Team Sask 2017 Ceremonial Uniform must be worn at all Official Games Ceremonies including Opening and Closing Ceremonies and Sports Ceremonies.

- For medal presentations, you are required to wear your Team Sask jacket overtop your competition or cooldown uniform.
- For Opening & Closing Ceremonies, your coach will advise you which pieces to wear underneath your Team Sask jacket, dependent on weather.

Team Sask clothing cannot be traded until **after the final competition** is over on **Saturday, August 5th** for Phase 1 participants, and **at the completion** of the Closing Ceremonies on **Sunday, August 13th** for Phase 2 participants.

## Provincial/Territorial Colours

Alberta	White and royal blue with grey trim
British Columbia	Blue and red with white trim
Manitoba	White and gold with black or grey
New Brunswick	Green and burgundy with black or grey
Newfoundland	Maroon with white trim
Northwest Territories	Navy blue with white trim
Nova Scotia	Royal blue with white trim
Nunavut	Red and yellow with royal blue and white trim
Ontario	Red with white trim
Prince Edward Island	Green with purple and white trim
Quebec	Blue with navy/white trim
Saskatchewan	White with green trim
Yukon	Black and white with purple and red trim





### Access Control

Admission to the athletes' residence and village buildings during the Games will be restricted to those who have proper accreditation. Admission will be granted to all accredited participants (athletes, managers, coaches, technicians), Mission Staff, and Athletes' Village volunteers.

In addition to those listed above, admission to the Athletes' Villages will be granted to Athletes' Village volunteers, medical staff and medical volunteers.

### Incidents

For the protection of all participants, any disruptive behaviour by any participant (athlete, coach, manager, technician, etc.) will be reported to the Chef de Mission. Criminal activity will be reported to the police and the respective Chef de Mission or Mission designate.

The **Main Athletes' Village** for the 2017 Canada Summer Games in Winnipeg is located at the University of Manitoba.

In **Gimli**, the Satellite Athletes' Village is located at Gimli High School.

In **Kenora**, participants will reside at the Satellite Athletes' Villages located at Beaver Brae Secondary School and St. Thomas Aquinas High School.

Athletes' Villages include the sleeping areas, cafeteria, information kiosk and athlete-specific information booths, Polyclinic, accommodations, transportation hub, sport equipment storage, Mission Offices, and entertainment lounges for Games participants .

Athletes' Village hours are 06:00—23:00.

### Accommodations

At the Main Athletes' Village, Team Sask will be housed in dorm rooms at the University of Manitoba. Participants will be assigned rooms, and keys will be distributed upon arrival.

The residence is a secured building 24 hours a day; you will need your Accreditation tag (ID badge) to gain access to the building and appropriate rooms. Checkpoints will be setup for security.

### Rooms

Participants' rooms will be locked at all times when they are not in the dorms. Please make sure to close your door when you leave; the doors lock automatically when closed. Have your accreditation badge and room key with you whenever you leave the room; you will not be permitted access without it. Pillows, pillowcases, linens and a towel are provided.



## Housekeeping

Participants are responsible for keeping their rooms clean for the duration of their stay. Towels can be exchanged halfway through the week for each participant. Additional linens will only be provided in the event of a spill or other incident which causes the sheets to become unusable. Rooms will be cleaned throughout the course of your stay; however, excessive room wear and tear, dirtiness or willful damage will be reported. Those responsible will have to cover the cost of returning the room back to its original state.

## Keys

Each athlete, coach and manager will be issued a key. If your key is lost or stolen you must report it to your coach, who will inform the respective Chef de Mission or designate. Keys must be returned to your coach/manager prior to departure back to Saskatchewan.

## Incidentals

Any damage or missing items to any room will be the responsibility of the person/s assigned to that room. If there is more than one person registered to the room, the missing items will be charged evenly unless one individual claims to have caused the damage or was responsible for the missing items.

Any physical damage to walls, doors, bathroom fixtures, etc. will be dealt with on an individual, incident-by-incident basis.

Valuables should be kept at home.

## Laundry

Card laundry services are available directly onsite at the Main Athletes' Village dorms. At satellite villages, a local offsite service will provide laundry services.

## Curfew

Quiet time begins at 23:00 when the Athletes' Villages close. By this time all music and TVs should be turned off and everyone must move quietly through the Village. Curfew and lights out for athletes, coaches and managers is at 24:00 and all participants must be in their designated rooms by this time. Individual coaches may set earlier curfew times for their athletes.

If curfew is violated, security will stop the participant from going to his/her room, remove accreditation, and call the respective Chef de Mission or Mission designate to deal with the violation.

Team Sask has a code of conduct about discipline and the Chef and his or her discipline committee will outline this to the athlete.

## Village Information Centre

The Main Athletes' Village Information Center is located on the first floor of the University Centre. Info boards will be located in the common areas of all residences.

At the Satellite Athletes' Villages, Athlete Information Centres are located in the respective Village Operations Centres.

## Coaches' Lounge

The Main Athletes' Village Coaches' Lounge is located at the University Centre, third floor. The lounge is licensed and accessible to coaches, managers and technicians 18 and over. Hours of operation are 16:00—22:00.



## Entertainment

With 2017 being such a milestone year — marking the 50th anniversary of the Canada Games as well as Canada's 150th birthday — major celebrations and entertainment have been planned for all participants in Winnipeg, Gimli and Kenora, including the Canada Games' largest-ever music, arts and cultural festival!

### Main Athletes' Village

- Mainstage entertainment is located outside at Curry Place (Pedway).
- Approximate hours of operation: 15:00-22:30

### Satellite Athletes' Villages

- Offsite entertainment is available to Kenora and Gimli participants.
- Approximate hours of operation: 15:00-22:30

### Jeux du Canada Games Festival: July 29th—August 2nd

- The Forks is Winnipeg's meeting place. Nestled in the heart of downtown, The Forks is one of Winnipeg's most beloved places, at the junction of the Assiniboine and mighty Red rivers. The Forks will host the Jeux du Canada Games festival, where families will celebrate The Hottest Summer in Half a Century with live music, dancing, cultural activities, and a nightly fireworks display.
- Every province and territory has its own themed night at the Festival, and Saskatchewan's is **August 6th!** On **Saskatchewan Day**, catch acts like the Sheepdogs, Buffy Sainte-Marie, the Pistolwhips, and more. Team Sask alumni and double Olympic champion Catriona Lemay Doan to MC.

## Main Polyclinic

- The Polyclinic will provide medical services to all Games participants.
- **Location:** 4th floor, Helen Glass Centre for Nursing at the U of M
- **Hours:**
  - 15:00—23:00 (July 27)
  - 07:00 — 23:00 (July 28-August 13)
- Medical services include: triage, medical assessment and treatment, physiotherapy and athletic therapy, pre and post event massage, chiropractic, taping (upon appointment), and pharmacy.
- Please ensure that on your first visit to the Polyclinic, you are accompanied by a coach, manager, or mission staff.

## Polyclinic Services in Gimli and Kenora

- Medical services for Rowers and Sailors will be provided at the competition venue.
- In both Gimli and Kenora, any diagnostic, urgent or emergency care will be through the respective hospital.

## Medical Services at Venues

- Medical service providers at the venues may include physicians, therapists (physiotherapists, athletic therapists), nurses, paramedics, EMTs, and lifeguards.



## Village Food & Beverage Service

- The Main Athletes' Village Cafeteria is located on the second floor of the University Centre at the U of M.
- Cafeterias will be located within each Satellite Athletes' Village.
- **Hours:**
  - Breakfast: 06:00—10:00
  - Lunch: 11:00— 15:00
  - Dinner: 16:00— 20:00
- All-day grazing options will be available from 06:00—23:00.
- Menus have been designed by a nutritionist to meet the nutritional needs of athletes.

## Water and Ice

- Water will be made available at each venue for all participants on practice and competition days.
- Water will be provided during transportation of significant duration between venues.
- Ice will be available at all venues for medical and food and beverage use.
- All participants will be provided a reusable water bottle that we recommend you use.

## What are Mission Staff?

At every Canada Games, Team Sask assigns one Mission Staff to each sport to act as a liaison between the sport and the host society. Their primary function is to ensure that athletes, coaches and managers can focus solely on competition and representing Saskatchewan to the best of their ability. They deal with issues that may arrive, answer questions or concerns, and of course, cheer you on!

In addition to one or more Mission Staff per sport, there is also a Chef de Mission and Assistant Chef de Mission. These two have been involved in the planning stages of the Games since the beginning and are considered to be the "team captains" of Team Sask. A core group of Mission Staff are responsible for Team Operations and Communications, which includes the organizing of transportation, team uniforms, pins, social media, the website, media relations, results reporting, this handbook, and more!

Team Sask is also bringing a Medical Liaison to Winnipeg. She is responsible for a sport, but her role with Mission Staff also includes communicating medical concerns or issues to the Mission Team, which can then be communicated to the host and vice versa. As well, this year's Mission Team includes two Mental Trainers. These Mental Trainers are available to teams and individual athletes upon request before and during the Games.

If you see any of these faces in the crowd, don't hesitate to wave! The Mission Staff are here to ensure your experience in Winnipeg is the best one possible.





**Mark Bracken**  
Regina  
Chef de Mission



**Lisa Hoffart**  
Regina  
Mental Trainer  
Athletics



**Alison Brown**  
Regina  
Assistant Chef de Mission



**Brie Ellard-Jedlic**  
Regina  
Mental Trainer  
Softball (F)



**Lorne Lasuita**  
Regina  
Team Operations and Logistics



**Guylaine Green**  
Swift Current  
Diving  
Soccer (M)



**Karen Lawson**  
Regina  
Communications and Media



**Julie Brandt**  
Saskatoon  
Rowing  
Tennis



**Nicole Renneberg**  
Regina  
Medical Liaison  
Cycling (Road & Mountain)



**Dean Kleisinger**  
Regina  
Basketball (F)

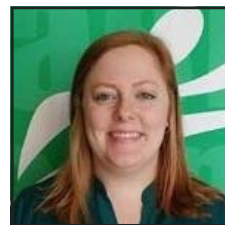
**Team Sask**  
Meet the Mission Staff



**Team Sask**  
Meet the Mission Staff



**Laura Dahlstrom**  
Regina  
Athletics



**Lara Schroeder**  
Saskatoon  
Soccer (F)  
Volleyball (F)



**Dale Measner**  
Regina  
Volleyball (M)



**Ken Ottenbreit**  
Melfort  
Beach Volleyball  
Swimming



**Darrell Baker**  
Regina  
Baseball  
Golf



**Rod Schmidt**  
Regina  
Softball (M)




**Brad Cameron**  
Sturgis  
Basketball (M)  
Canoe/Kayak



**Ryan Sklapsky**  
Lloydminster  
Triathlon



**Nicole Clow**  
Carnduff  
Sailing  
Wrestling



SaskEnergy is proud to support  
Saskatchewan's athletes at the  
2017 Canada Summer Games.

**SaskEnergy** 



**Men's Roster**

First Name	Last Name	Hometown
Alexander	Eiswerth	Regina
Austin	Edwards	Saskatoon
Austin	Strauss	Prince Albert
Ben	Rumpel	Weyburn
Carter	Cheveldayoff	Saskatoon
Hunter	Bosch	Moose Jaw
Ryan	Botterill	Moose Jaw
Cole	Fry	Langham
Bradyn	Giraudier	Assiniboia
Kyle	Giraudier	Assiniboia
Greg	Hetterley	Regina
Spencer	House	Saskatoon
Matt	Johnson	Regina
Kieran	Johnston	Saskatoon
Ibrahim	Mohammed	Saskatoon
Jonah	Murray	Saskatoon
Ty	Pederson	Melfort
Michael	Plummer	Saskatoon
Brendan	Ritchie	Eatonia
Erik	Salamon	Saskatoon
Tyrell	Sawatzky	Carrot River
Tory	Shewfelt	Milestone
Marc	Turmel	Regina
Payne	Wylie	Elstow
Jared	Welsh	Saskatoon

**Women's Roster**

First Name	Last Name	Hometown
Addison	Czaya-Woolly	Saskatoon
Rebecca	Barkway	Warman
Jessica	Buettner	Prince Albert
Kylie	Buchan	Saskatoon
Leadon	Chartier	Saskatoon
Emmarae	Dale	Saskatoon
Courtney	Dembrowski	Saskatoon
Alyson	Edwards	Strasbourg
Kendra	Farmer	Saskatoon
Jasmine	Fehr	Osler
Courtney	Hufsmith	Saskatoon
Mackenzi	Kleiter	Saskatoon
Julie	Labach	Saskatoon
Katelyn	Lehner	Prince Albert
Kayla	Neigum	Regina
Kennedy	Mann	Dinsmore
Angela	Moser	Saskatoon
Stephanie	Reitmeier	Lumsden
Jada	Roach	Toronto
Rachel	Rosin	Saskatoon
Haylea	Salamon	Saskatoon
Jenna	Smith	Craven
Taylor	Strauss	Prince Albert
Leslie	Thomas	Kipling
Joely	Welburn	Bengough
Aurilla	Wilson	Balgonie
Molly	Yungmann	St. Gregor
Jansen	Ziola	Saskatoon





**Coaches, Managers & Assistants**

First Name	Last Name	Hometown
Harvey	Weber	Tisdale
Mavis	Dzaka	Martensville
Jamie	Epp	Saskatoon
Mitch	Gardiner	Saskatoon
Vince	Salamon	Saskatoon
Sarah	Junkin	Saskatoon
Ben	Lozinsky	Regina
Sarah	Klimm	Regina
Janine	Platana	Saskatoon
Grant	Van Eaton	Regina

**Roster**

First Name	Last Name	Hometown
Dylan	Edmands	Regina
Gregor	Farquharson	Saltcoats
Devon	Farrell	Saskatoon
Brody	Frerichs	Muenster
Logan	Fritzke	Swift Current
Jaydon	Gartner	Lloydminster
Garrett	Hawkins	Biggar
Logan	Hofmann	Muenster
Jayden	Huls	Humboldt
Kendall	Keller	Pilot Butte
Bryce	Libke	Saskatoon
Brandon	Logan	Regina
Rylan	Marianchuk	Humboldt
Tyler	McWillie	Watrous
Ryan	Olchoway	Saskatoon
Benjamin	Pelechaty	Warman
Blake	Pongracz	Saskatoon
Dylan	Solie	Regina
Connor	Sparks	Saskatoon
Erik	Trakalo	Saskatoon



**Coaches**

First Name	Last Name	Hometown
Greg	Brons	Saskatoon
Matthew	Kosteniuk	Saskatoon
Brennan	Peterson	Central Butte

**Women's Team**

First Name	Last Name	Hometown
Madeleine	Tell	Regina
Ella	Farthing	Regina
Alexa	Hangs-Copeland	Melfort
Devyn	Ethier	Saskatoon
Gabby	Kukura	Regina
Kaitlin	Jockims	Saskatoon
Madyson	Hautz	Regina
Emma	Engen	Saskatoon
Shae	McCusker	Regina
Katie	Bastedo	Regina
Courtney	Primeau	Saskatoon
Ashley	De Sousa Martins	Saskatoon

**Coaches & Manager**

First Name	Last Name	Hometown
Jill	Humbert	Saskatoon
Paul	Humbert	Saskatoon
Megan	Pinske	Saskatoon



**Men's Team**

First Name	Last Name	Hometown
Adefolarin	Adetogun	Regina
Eriyeza	Buwembo	Pilot Butte
Jamon	Campbell	Regina
Benjamin	Camplin	Regina
Austin	Chase	Regina
Alexander	Dewar	Saskatoon
Damon	Dutton	Battleford
Jett	Kowalchuk	Moose Jaw
Harrison	Lars-Hansen	Regina
Matthew	Mandziuk	Yorkton
Alan	Spoonhunter	Saskatoon
Andrew	Vanderhooft	Regina

**Coaches & Manager**

First Name	Last Name	Position
Tanner	Brightman	Head Coach
Will	Redl	Coach
David	Earl	Manager

**Men's Team**

First Name	Last Name	Hometown
Daulton	Sinoski	Prince Albert
Patrick	Hunchak	Saskatoon

**Women's Team**

First Name	Last Name	Hometown
Marlene	Hanbridge	Saskatoon
Jordyn	Thomas	Wilkie

**Coaches/Managers**

First Name	Last Name	Hometown
Brody	Waddell	Regina
Natalie	Lukiw	Saskatoon



**Male Athletes**

First Name	Last Name	Hometown
Simon	Chambers-Crease	Regina
Aidan	Dagenais	Regina
Daniel	McCullough	Saskatoon
Nathan	Mortin	Regina
Colin	Reiger	Regina

**Female Athletes**

First Name	Last Name	Hometown
Tea	Anaka	Richardson
Zoey	Bourgeois	Regina
Emma	Donovan	Regina
McKenzie	Millar	Regina
Jamie	Munro	White City
Lauren	Theis	Regina
Channa	Topping	Martensville

**Coaches, Manager & Boatperson**

First Name	Last Name	Hometown
Jessica	Riley	Yorkton
Mike	Robinson	Regina
Robert	Sleeth	Saskatoon
Mykel	Kowaluk	Saskatoon

**Road Cycling**

First Name	Last Name	Hometown
Caleb	Bender	Glenavon
Lukas	Conly	Grasswood
Nicole	Cripps	Regina
Andre	Gagnon	Saskatoon
Joshua	Kropf	Regina
Elijah	Louttit	Regina

**Mountain Bike**

First Name	Last Name	Hometown
Brett	Down	Regina
Cameron	Merkowsky	Saskatoon
Jordan	Stevenson	Saskatoon
Shealynn	Stevenson	Saskatoon

**Coach, Manager & Technical Support**

First Name	Last Name	Hometown
Russell	Down	Regina
Melanie	Stevenson	Saskatoon
David	Stevenson	Saskatoon



**Male Athletes**

First Name	Last Name	Hometown
Rylan	Weins	Pike Lake
Jonah	Cey	Saskatoon
Jamie	Spilchak	Saskatoon
Bjorn	Markentin	Regina

**Female Athletes**

First Name	Last Name	Hometown
Elizabeth	DeCecco	Saskatoon
Alyssa	Clairmont	Regina
Quinn	Gariepy	Saskatoon
Joelle	Gallais	Lumsden

**Coaches & Manager**

First Name	Last Name	Hometown
Laura	Desautels	White City
Sydney	Hesselberg	Saskatoon
Steve	Carroll	Saskatoon
Jana	Klein	Regina

**Athletes**

First Name	Last Name	Hometown
Kade	Johnson	Yorkton
Andrew	Campbell	Saskatoon
Roman	Timmerman	Saskatoon
Sarah	Grieve	Saskatoon
Chloe	Sies	Melville
Alex	Schmidt	Regina

**Coach & Manager**

First Name	Last Name	Hometown
Jason	Schneider	Saskatoon
Brittany	Thorimbert	Saskatoon





**Female Athletes**

First Name	Last Name	Hometown
Aleia	Asmundson	Regina
Maria	Brockman	Saskatoon
Sarah	Craven	Saskatoon
Roslynn	Dagenais	Regina
Elana	Gelineau	Saskatoon
Mayah	Golden	Saskatoon
Dominique	Gray	Saskatoon
Elan	Jacobson	Saskatoon
Caitlyn	Kirkpatrick	Saskatoon
Wardah	Mahmood	Regina
Kendell	Massier	Regina
Lauren	Matai	Saskatoon
Alyssa	McCullough	Saskatoon
Kate	Morstad	Regina
Brenna	Randall	Regina

**Coaches & Manager**

First Name	Last Name	Hometown
Garett	Mathiason	Regina
Lauren	Ritchie	Saskatoon
John	Haver	Saskatoon

**Male Athletes**

First Name	Last Name	Hometown
Zeyad	Aboudheir	Regina
Wisam	Ashique	Regina
Liam	Cattet	Saskatoon
Eric	Chateigner	Saskatoon
Connor	Chooke	Regina
Brammon	Edwards	Saskatoon
Zayn	Haque	Regina
Ben	Hersche	Regina
Matthew	Johner	Saskatoon
Lam	Le	Saskatoon
Thomas	Markewich	Regina
Rogan	Noble	Regina
John	Perverseff	Saskatoon
Stephen	Perverseff	Saskatoon



**Athletes**

First Name	Last Name	Hometown
Madison	Amy	Saskatoon
Kathleen	Carter	Saskatoon
Andre	Gagnon	Saskatoon
Joe	Gerlinsky	Battleford
Katherine	Langhorne	Saskatoon
SteNicholas	Langhorne	Saskatoon
Krystle	Shewchuk	Prince Albert
Alec	Watters	Saskatoon

**Coach & Manager**

First Name	Last Name	Hometown
Mark	Lammens	Saskatoon
Colette	Bourgonje	Prince Albert

**Men's Team**

First Name	Last Name	Hometown
Marcus	Baxter	Saskatoon
Kuhle	Bekwayo	Saskatoon
Evan	Essapa	Regina
Davidson	Fadare	Regina
Josh	Fichter	Regina
Jordan	Fiske	Regina
Ajani (Ash)	Fontaine	Saskatoon
Mathew	Hnatiw	Saskatoon
Daniel	Jimenez	Saskatoon
Kelly	Lowry	Regina
Luke	Mackie	Saskatoon
Jake	McFadyen	Regina
Brandon	Miranjie	Saskatoon
Ahmed	Mohammed	Saskatoon
Hamza	Moustapha	Regina
Oluwatobi	Ojo	Swift Current
Emmett	Steadman	Regina
Spencer	Steele	Canora



**Women's Team**

First Name	Last Name	Hometown
Claire	Abrey	Saskatoon
Cassandra	Chometa	Saskatoon
Renee	DeCorby	Saskatoon
Olivia	Gables	Regina
Jaedan	Gardner	Martensville
Jessica	Gaudet	Prince Albert
Madison	Goertz	Saskatoon
Payton	Izsak	Prince Albert
Cassidy	Joslin	Saskatoon
Keelin	Kennedy	Saskatoon
Hayley	Krahenbil	Regina
Haley	Mercier	Saskatoon
Penny	Mulenga	Saskatoon
Brynn	Nash	Saskatoon
Allyson	Schneider	Saskatoon
Nicole	Solie	Saskatoon
Makenna	Wiebe	Martensville
Alicia	Woodland	Saskatoon

**Men's Team Coaches & Manager**

First Name	Last Name	Hometown
Terrol	Russell	Saskatoon
Josh	Hartl	Regina
Chris	Chisholm	Regina

**Women's Team Coaches & Manager**

First Name	Last Name	Hometown
Percy	Hoff	Saskatoon
Adele	Bandet	Saskatoon
Jennifer	Waldner	Saskatoon
Chelsea	Guebert	Saskatoon



**Men's Team**

First Name	Last Name	Hometown
Dane	Arntsen	Delisle
Nick	Basaraba	Prince Albert
Sheldon	Beierle	Saskatoon
Rylan	Couture	Debden
Reid	Dubkowski	Delisle
Jordan	Hudson	Saskatoon
Justin	Kapeluck	Saskatoon
Craig	Kosmynka	Warman
Matthew	Kutnikoff	Prince Albert
Justin	Laskowski	Warman
Clayton	McKenzie	Delisle
Evan	Morris	Delisle
Nick	Patrick	Prince Albert
James	Shirley	Delisle
Jordan	Valcamp	Saskatoon

**Coaches & Manager**

First Name	Last Name	Hometown
Kalen	Kovitch	Prince Albert
Kevin	Kosmynka	Warman
Sean	LaHaye	Prince Albert

**Women's Team**

First Name	Last Name	Hometown
Deanna	Gerrard	Southey
Madison	Jerome	Regina
Jill	Kroeger	Hanley
Michelle	Kukurudza	Saskatoon
Jordan	Kulbida	Saskatoon
Ali	Lockwood	Conquest
Sarah	Kostuk	Saskatoon
Brielle	McCullough	Saskatoon
Amanda	Peevers	Saskatoon
Randi	Rocheleau	Saskatoon
Ashlyn	Rupps	Saskatoon
Kailey	Strouts	Saskatoon
Kim	Vibert	Regina
Haley	Volk	Saskatoon
Carly	Zultok	Prince Albert

**Coaches & Manager**

First Name	Last Name	Hometown
Dave	McCullough	Saskatoon
Andrea	Wolf	Wapella
Karen	Thull	Regina



**Female Athletes**

First Name	Last Name	Hometown
Fahren	Baker	Saskatoon
Maclaren	Burwell	Saskatoon
Rebecca	Dean	Regina
Kylie	Flynn	Saskatoon
Olivia	Harvey	Saskatoon
Taylor	Hebert	Saskatoon
Cadence	Johns	Moose Jaw
Ashley	Nelson	Saskatoon
Shelby	Newkirk	Saskatoon
Lindsay	Reimer	North Battleford
Jenae	Ruetz	Swift Current
Emma	Spence	Regina
Elyssa	Tacchi	Moose Jaw

**Coaches, Manager and Athlete Assistant**

First Name	Last Name	Hometown
Laura	Harvey	Saskatoon
Aaron	Maszko	Saskatoon
Craig	Nieuwstad	Regina
Jacqueline	Powell	Swift Current
Melanie	Hebert	Saskatoon
Stephen	Neiszner	Kindersley

**Male Athletes**

First Name	Last Name	Hometown
Bryce	Baker	Saskatoon
Taran	Basran	Saskatoon
Jayden	Bilous	Saskatoon
Mitchell	Brough	Regina
Brayden	Hemeon	Saskatoon
Michael	McGillivray	Regina
Brandon	Nord	North Battleford
Taylor	Parker	North Battleford
Tyler	Piercy-Servant	Swift Current
Matthew	Syrgiannis	Regina
Blake	Tierney	Saskatoon
Jordan	Vassell	Saskatoon
Noah	Wagner	Regina





**Male Athletes**

First Name	Last Name	Hometown
Conrad	Koch	Saskatoon
Payton	Nicol	Saskatoon
Josh	Saban	Saskatoon
Kolya	Sidloski	Saskatoon

**Female Athletes**

First Name	Last Name	Hometown
Morgan	Waller	Drinkwater
Anya	Chavez	Regina
Shiah	Holmes	Regina
Teah	Chavez	Regina

**Coach & Manager**

First Name	Last Name	Hometown
Leo	Liendo	Saskatoon
Denise	Fernandez	Regina

**Male Athletes**

First Name	Last Name	Hometown
Sam	Sheshadri	Saskatoon
Kyle	Caie	Saskatoon
Kaelen	Kolb	Regina

**Female Athletes**

First Name	Last Name	Hometown
Kaycee	Schroeder	Saskatoon
Natalia	Kolesova	Regina
Tatiana	Regnier	Saskatoon

**Coach & Manager**

First Name	Last Name	Hometown
RossAnn	Edwards	Saskatoon
Aiden	Katz	Regina



**Women's Team**

First Name	Last Name	Hometown
Mandi	Fraser	Saskatoon
Jayda	Harder	Waldheim
Mia	Harder	Waldheim
Reece	Harder	Waldheim
Charm	Henderson	Shell Lake
Jessica	Lerminiaux	Regina
Kaylie	Lueck	Regina
Olivia	Mattern	Saskatoon
Sierra	Parris-Kruger	Regina
Portia	Switzer	Regina
Ashleigh	Wolensky	Redvers
Jessica	Zacharias	Waldheim

**Coaches & Manager**

First Name	Last Name	Hometown
Mark	Dodds	Saskatoon
Derek	Zacharias	Caronport
Britt	Marshall	Kyle

**Men's Team**

First Name	Last Name	Hometown
Ben	Linsley	Saskatoon
Ryan	Andres	Hepburn
Mason	Issel	Prince Albert
Jordan	Silzer	Saskatoon
Braedon	Friesen	Swift Current
Marcus	Roflik	Regina
Travis	Walls	Wakaw
Mason	Scott	Oxbow
Ryan	Crawford	Prince Albert
Luke	Wandzura	Prince Albert
Enrique	Rempel	Swift Current
Paul	Dionne	Weyburn

**Coaches & Manager**

First Name	Last Name	Hometown
Joel	Dyck	Saskatoon
Mitch	Schneider	Medstead
Lee	Hamilton	Regina



**Male Athletes**

First Name	Last Name	Hometown
Andre	Smith	Regina
Logan	Bohle	Saskatoon
Drake	Buechler	Warman
Riley	Icton	Saskatoon
Maxwell	Meekins	Saskatoon
Josh	Beke	Regina
August	Bayliss	Denzil
Mason	Nikbakht	Saskatoon
Julian	Klinger	Saskatoon
Austin	Shopa	Swift Current
Kalin	Langford	Christopher Lake

**Female Athletes**

First Name	Last Name	Hometown
Natasha	Wiebe	Warman
Randi	Wiegers	Saskatoon
Alicia	Kent	Saskatoon
Aleah	Nickel	Swift Current
Emma	Parker	Saskatoon
Berit	Johnson	Saskatoon
Frankie	Gawryluik	Weyburn
Abby	Wright	Saskatoon
Lillian	Pinay	Regina
Leah	Mason	Prince Albert

**Coaches and Manager**

First Name	Last Name	Hometown
Brook	Smith	Prince Albert
Dan	McGee	Regina
Monte	McNaughton	Carlyle
Wendy	Marcotte	Carlyle
Kristine	Ursu	Regina

*\*Note*

Rosters are subject to change.

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in sport are less likely  
to engage in delinquent  
behaviour and have lower  
rates of criminal arrest.**

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Canada  
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