

Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.
~Muhammad Ali



SaskWatch

Sport Highlights

Happy Birthday
Scott Frizzell!!



Biathlon

Jr. Men's 7.5km Relay—6th
Jr. Women's 6km Relay—6th

Relay for men and women at Martock; Men move up two, women move up one. WHAT A TEAM.

Freestyle Skiing (Dual Moguls)

Liam Brandt Bundschuh 19th
Nolan Merryweather 22nd
Matt Paslawski 26th
Aidan Merryweather 28th

Hockey SK 2—3 MB

The team fought hard going into overtime, however MB prevailed in a shoot out.

Ringette SK 5—6 QC

The girls played hard to come back from a 3 point lead by QC, just missing the bronze medal.

Medal Winners

A huge shout out and congratulations to this week's medal winners! Thank you for your hard effort put towards these well earned medals!

Gold Aerial Arthur and Cassandra Wilson-Anderson; *Target Shooting, Team Air Rifle*

Gold Mack Kohl; *Target Shooting, Individual Air Rifle*

Gold Aerial Arthur; *Target Shooting, Individual Air Rifle*

Gold Curtis Graves; *Artistic Gymnastics, Parallel Bars*

Silver Mack Kohl and Clayton Schlosser; *Target Shooting, Team Air Rifle*

Silver Ryan Bernhard, Axel Morin, Pieter Stoffel and Michael Wrubleski;

Long Track Speedskating, 3000m Team Pursuit

Bronze Cassandra Wilson-Anderson; *Target Shooting, Individual Air Rifle*

Bronze Curtis Graves; *Artistic Gymnastics, Rings*

Bronze Ashley Baerg, Mitch Bossaer, Adam Bryant, Evan Fenrich, Nik Goncin, Jaime Lammerding, John Loepky, Kyran Miller, Adam Okell, Reid Richard, Jared Sajtos, Gabby Winters-Robert; *Wheelchair Basketball*

WOOHOO!

Rhodes' rough shot—Ringette (below)



Where's the puck... in the NET—Hockey (below)



Congratulations athletes on such a great week! Everyone put forth their best performances and we could not be more proud. Thank you for the hard work and time you have put in to further advance in your sport and for being good ambassadors for Team Sask. Thank you to the Coaches, Managers, and all other team staff for the work they have put in as well; these athletes could not have done it without you. We would also like to thank the host community and its volunteers for all the time that they have put in to ensure that each team has the best possible experience. Thank you to the parents and spectators for being loud and supportive at the games, and providing us with pictures! Thank you mission staff for being there for your teams and keeping constant communication with the office so that things ran smoothly. We hope everyone had fun and enjoyed their experience, because we sure enjoyed watching our athletes compete!

GREAT JOB TEAM SASK!!!!!!



No folding in this crease
Carmen Agar—*Ringette* (above)



Women with brooms
Women's Curling—(above)

The ringer Alysha McEachern
Ringette (below)



Hand off at
Martock
Biathlon
(left)

Women's Curling The
journey to the House
(below)



Transportation Information

All luggage and equipment should already have been placed on the planes, and athletes should only have their carry-on baggage with them. If they do not want to carry it around all day they can leave it at the coat check in the WTCC, or they can leave it in one of the rooms in the Delta Halifax where it was originally picked up.

Freestyle Skiing, Ringette, and Squash are to meet at the Metro Centre on Brunswick Street at 4:00pm to depart for the airport.

Wheelchair Basketball is to meet at the Delta Halifax at 4:00pm to depart for the airport.

Biathlon, Curling, Hockey, Gymnastics, Speedskating, and Target Shooting are to meet at the Metro Centre on Brunswick Street at 4:30pm to depart for the airport.

Athletes please give your boarding passes to your coach or manager until you arrive at the airport. If you are travelling with a metal or thermos container for water please ensure it is emptied prior to going through security or it may be confiscated. Also remember to place them in the tray for screening. Make sure all liquids are less than 100ml and are placed into the 1L bag made available at the airport. Please ensure you remove your accreditation and place it in the tray. If you are carrying your medals in your carry on bag, make sure to take them out and place them in the tray. All athletes over the age of 18 will be required to show ID prior to boarding the aircraft. If you do not have a government issued photo ID they will accept two pieces of non-photo government issued ID.

Safe travels everyone!

"I'll take that" *Hockey*
(right)



No Bend in Becky
Biathlon (left)



Mission Office
www.teamsask.ca

